



REFLECTIONS



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GNH CENTRE BHUTAN

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- 2024 GNH Impact Safari**
 A joint collaboration with the Small Giants Australia, this was the fifth program since 2017.
- Launch GNH Centre Australia**
 The third international GNH Centre established in Melbourne.
- International Design Conference, Manila**
 The focus on critical role of design in crafting life-centered solutions and systems needed to address real-world challenges and create a meaningful, sustainable, and equitable future.
- GNH Journey Reflections & Connections**
 A transformative leadership workshop, with international participants embracing the philosophy of Gross National Happiness.
- 11 November: National Happiness Day**
 The Centre hosted the "Promoting GNH Dialogues" event in Thimphu, marking its 9th year of organizing GNH-themed events across Bhutan.

MESSAGE FROM THE EXECUTIVE DIRECTOR

Warm greetings from the Gross National Happiness Centre Bhutan!

As we close the chapter on 2024, we pause to reflect on a year filled with profound connection and purpose.

In 2024, we deepened partnerships, fostered meaningful dialogue, and shared Bhutan's unique vision of happiness as a collective responsibility. From international collaborations to grassroots initiatives, every conversation and action has been a step toward building communities that prioritize compassion, equity, and harmony with nature.

As I complete my first year with the Centre, I humbly extend my deepest gratitude to Her Royal Highness Ashi Kesang Chodren Wangchuck, the President, and the Board of Directors for their continuous support and guidance in the Centre's growth. And to our partners, I am deeply grateful for the enriching experience of learning and collaborating with all of you. Your continued support is invaluable to our mission, and I remain fully committed to advancing the principles of Gross National Happiness, ensuring they thrive and inspire meaningful, global change.

As we look forward to 2025, we remain committed to nurturing these connections and expanding the global embrace of GNH principles. Together, we can create a world where happiness is not an aspiration but a shared reality.

With gratitude and hope
Lhatu

GNHCB Membership



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Become a member today and be part of the global movement advancing happiness and holistic development.

Follow us on Facebook, Instagram or visit www.gnhcentrebhutan.org



THE 2024 GNH IMPACT SAFARI

18th April, 2024, Thimphu : A joint collaboration with the Small Giants Australia, this was the fifth program since 2017.

The workshop featured diverse and enriching activities, including a session on good governance in the National Assembly of Bhutan, presentation on GNH Survey Findings, and an insight into traditional Bhutanese wisdom and its role in fostering wellbeing.

The 9 day workshop saw a series of dialogues with both international and local experts providing participants with a deeper level of GNH practice.

For more on the GNH Impact Safaris please email: anna@smallgiants.com.au



LAUNCH OF GNH CENTRE AUSTRALIA

23rd August, 2024, Melbourne: August saw the third international GNH Centre established in Melbourne.

Mr. Lhatu, Executive Director of the GNH Centre Bhutan inaugurated the space and side events held in Melbourne, Sydney, and Canberra.

The GNH Centre Australia is a result of the Impact Safari workshops held in Bhutan. Located with the Small Giants Academy, together the Centres aim to co-create learning programs, promote dialogues for wellbeing economies and leadership.



INTERNATIONAL DESIGN CONFERENCE

20th September, 2024, Philippines: The GNH Centre Bhutan was invited to the 8th International Design Conference in Manila.

Executive Director of the GNH Centre Bhutan Mr. Lhatu, was one of the panelists highlighting Bhutan's GNH philosophy, emphasizing its focus on balancing material growth with well-being, cultural preservation, environmental sustainability, and good governance.



GNH Journey: Reflections & Connections

12th September, 2024, Thimphu : The GNH Centre Bhutan hosted a transformative leadership workshop, with 19 international participants to explore the philosophy of Gross National Happiness.

Participants engaged in rich sessions of cultural exchange, and personal reflection, all within Bhutan's spiritually resonant landscape.

The highlight of the workshop were the wisdom sessions, karmic connections and a creative art session that inspired participants to connect deeply with their inner selves.

This was a collaboration with Co-creative Universe, Australia.



11 November: Promoting GNH Dialogues

In commemoration of the 69th Birth Anniversary of Drukgyal Zhipa and Bhutan's National Day of Happiness, the Centre hosted the "Promoting GNH Dialogues" event in Thimphu. The event was honored by the gracious presence of HRH Ashi Kesang Chodren Wangchuck, President of the GNH Centre Bhutan, alongside distinguished dignitaries from across the nation.

It was the Centre's 9th year of organizing GNH-themed events across Bhutan and its first expansion to Melbourne, Australia, reflecting the growing global embrace of GNH values.

The program featured inspiring talks by speakers from diverse sectors, offering unique insights into the application of GNH principles both within Bhutan and on the global stage.

"His Majesty wanted Bhutan to be forever a progressive, sovereign and independent nation. One that thrived in harmony with its neighbors and the world at large. One that would prosper within the natural boundaries of our unique life nourishing and sustainable planet earth. Today, we are all blessed to live in a society shaped by this vision"